

Maida Vale Masters & Belmont Masters



Invites members to

2010 BE ACTIVE Club Challenge Series

Belmont Oasis Leisure Centre, Abernethy Rd, Belmont

Sunday 22nd August 2010

Long Course Indoor Pool

8.15am Warm up - 9.00am Start

- Events:**
1. 200m Freestyle
 2. 50m Breaststroke
 3. 50m Backstroke
 4. 50m Freestyle
 5. 100m Butterfly
 6. 100m Backstroke
 7. 4x50m Womens Medley Relay
 8. 4x50m Mens Medley Relay

Participating Clubs:

*Armadale, Belmont, Carine, Inglewood, Leisurepark,
Maida Vale, Melville, Osborne Park, Perth City and Riverton*

Event Rules:

- MSWA rules apply, plus:
- Swimmers may participate in 3 individual events and in the appropriate Relays.
- Swimmers must compete in at least 1 individual event to be eligible for Relays.
- Clubs can nominate more than one relay team per age group in an event however, only one team is eligible to gain points.
- All participating clubs are asked to provide timekeepers and stop watches.
- Clubs are asked to pay registration fees prior to the event as per details below

Event Costs:

- **Pool entry for Swimmers and Spectators**, payable separately at the gate.
- **Competitors Registration Fee**, \$5.00 Includes Door raffle & lunch
- **Lunch including Door raffle for Non-competitors & Spectators**, \$5.00

Please make cheques payable to:

Maida Vale Masters Swimming
PO Box 683 Kalamunda WA 6926
BSB 036-065 Account 28-5603

Direct Deposit to Maida Vale's Bank Account

Clubs are requested to return Team Manager files by **Monday 16th August**
via email to: lynne.duncan@oss.wa.gov.au or duncan1320@bigpond.com

In Fitness, Friendship and Fun!

